

Statement on North Vancouver District Public Library incident

Published: March 29, 2021

Categories: [City of North Vancouver](#) | [Library news](#)

We are heartbroken to hear of the tragedy at the Lynn Valley library. The District Library staff and the community in Lynn Valley are our neighbours and our friends. We are offering any support we can to the staff and the greater community.

Libraries are refuges for so many, especially in this time, that it is shocking to have that sense of peace and safety upended. The North Shore libraries are a tight-knit community; and we send our sincere condolences and heartfelt thoughts to all those affected by this incredibly sad event.

Community resources:

- [Coping after a traumatic event \(CMHA\)](#)
- [Coping with a traumatic event \(in English, Chinese, Farsi\)](#)
- [Responding to Stressful Events: Helping Teens Cope \(PDF\)](#)
- [Responding to Stressful Events: Helping Children Cope \(PDF\)](#)
- [Responding to Stressful Events: Taking Care of Ourselves, Our Families and Our Communities \(PDF\)](#)
- [Helping Children Cope with Traumatic Events](#)
- [Social Emotional Learning and Mental Health \(NVSD\)](#)

Wellness & Resilience Centre

North Shore Emergency Management and the three North Shore municipalities have established a Wellness and Resilience Centre at Karen Magnussen Community Recreation Centre. The centre is a space for the community to access services to support their mental and emotional wellbeing during

this difficult time. Please email nsem@nsem.ca if you have additional questions or comments regarding the centre.

- The Centre is open 11 a.m. – 6 p.m. everyday for seven days.
- Grief counsellors will be available to provide support.
- COVID safety protocols are in place and PPE is available.

Karen Magnussen Community Recreation Centre

2300 Kirkstone Road
North Vancouver, BC
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[604-983-6550](tel:604-983-6550)