

Seniors' gathering: Social prescribing

This is an in-person event

Date May 14, 2024

Time 10:00 am to 11:30 am

Location Third floor program room

Event type: [Seniors' gatherings](#), [Seniors](#)
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There are 13 spots left out of 30

[REGISTER](#)

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Event overview

May 14, 2024

10:00 am to 11:30 am

Gather with fellow seniors at the library, share some stories and enjoy some light refreshments.

Meetings are held the second Tuesday of the month on the 3rd floor at the library.

Drop-ins are welcome but registrations are encouraged. You can register at any desk or by calling us at [604-998-3450](tel:604-998-3450). If you have any questions or concerns please email info@nvcl.ca.

At this gathering...

Angela Sealy from [Parkgate Society](#) will be giving a presentation on Social Prescribing.

"Social Prescribing is the opportunity to provide non-medical services to participants. We connect and support participants to engage in community services of their choice: (housing, financial, physical activity, social connectedness, etc); this helps to reduce loneliness and feelings of isolation.

Participants come to us from their health care professionals, family, friend or self referral."

There are 13 spots left out of 30

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[Calendar](#)

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Other Dates

[Tuesday, May 28, 2024 - 10:00 am](#)

[Tuesday, June 11, 2024 - 10:00 am](#)

Next Events

Seniors' gatherings

[Seniors' gathering: Social prescribing](#)

Tuesday, May 14, 2024, 10:00 am to 11:30 am

[Go to event](#)

Collaboratory

[Recording station tour: Video](#)

Cancelled

Tuesday, May 14, 2024, 2:00 pm to 3:00 pm

[Go to event](#)

Open space

[Teen open space](#)

Tuesday, May 14, 2024, 3:00 pm to 6:00 pm

[Go to event](#)

Open door community hub

[Wednesday open door community hub](#)

Cancelled

Wednesday, May 15, 2024, 9:00 am to 12:00 pm

[Go to event](#)

Collaboratory

[Thursday device clinic](#)

Thursday, May 16, 2024, 2:00 pm to 3:00 pm

[Go to event](#)

Open space

[Teen open space](#)

Thursday, May 16, 2024, 3:00 pm to 6:00 pm

[Go to event](#)

Teens and tweens

[Teen open gaming](#)

Thursday, May 16, 2024, 3:30 pm to 5:30 pm

[Go to event](#)

Urban homesteading

[North Shore knitters](#)

Thursday, May 16, 2024, 7:00 pm to 8:30 pm

[Go to event](#)

Collaboratory

[Introduction to navigating digital health services](#)

Thursday, May 16, 2024, 7:00 pm to 8:30 pm

[Go to event](#)

Children

[Baby storytime](#)

Friday, May 17, 2024, 10:15 am to 10:45 am

[Go to event](#)

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