

Find your pathway

This is an in-person event

Date May 5, 2026

Time 7:00 pm to 8:30 pm

Location Collaboratory

Event type [Teens and tweens](#)

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Event overview

May 5, 2026

7:00 pm to 8:30 pm

This program is recommended for teens in grades 9 - 11

Post-secondary planning can feel overwhelming with so many options: college, university, gap years, trades, apprenticeships, and work experience. Starting career exploration early in high school gives students time to discover a pathway that aligns with their strengths and interests and provides the flexibility to change their mind along the way.

This workshop will help you explore:

- What is important to you.
- What you are good at.
- What problems interest you.
- What you can be paid to do.

You will learn:

- How to search for programs of interest
- What courses are prerequisites and recommended
- How extra-curricular activities and can complement an application,

- How personal projects can confirm your interests and make your application stand out.

You will leave with an understanding of:

- Where to start.
- Steps to get organized.
- The value of early career exploration.

Presenter Bio:

Stephanie Jansen is a Career Counsellor who guides students to plan their first launch after high school. As Founder of [Alaire Advising](#), she creates a supportive space where students can tell their story, explore post-secondary and career pathways in a way that connects with both students and their families.

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