

Tween chefs: making layered yogurt bowls

This is an in-person event

Date March 23, 2026

Time 2:00 pm to 3:00 pm

Location First floor program room

Event type [Teens and tweens](#)

Registration will open Monday, March 9, 2026 at 9:00 pm

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Event overview

March 23, 2026

2:00 pm to 3:00 pm

Tweens (those between the age of 10 to 13) will build confidence in the kitchen, learning to prepare a layered yogurt bowl as a healthy afterschool snack. Using conventional ingredients like vanilla yogurt, granola, and fruit, we'll practice important skills like portioning and using kitchen utensils. Later, participants can try other ingredients for fun "spins" on a healthy treat. We'll also review the cost of ingredients and practice writing out the instructions as a recipe to recreate later at home.

Please note the food used and consumed in this program will contain dairy, gluten and may contain traces of nuts.

This program is registration only, as space is limited. Individuals on the waitlist will be welcomed into the program as space becomes available, including on the day of the program. Registrants who arrive late may not be permitted to join.

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[Calendar](#)

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