

Seniors' gathering: Social prescribing

This is an in-person event

Date May 14, 2024

Time 10:00 am to 11:30 am

Location Third floor program room

Event type: [Seniors' gatherings,](#) [Seniors](#)

Registration is closed [Back to all events](#)

Event overview

May 14, 2024

10:00 am to 11:30 am

Gather with fellow seniors at the library, share some stories and enjoy some light refreshments.

Meetings are held the second Tuesday of the month on the 3rd floor at the library.

Drop-ins are welcome but registrations are encouraged. You can register at any desk or by calling us at [604-998-3450](tel:604-998-3450). If you have any questions or concerns please email info@nvcl.ca.

At this gathering...

Angela Sealy from [Parkgate Society](#) will be giving a presentation on Social Prescribing.

"Social Prescribing is the opportunity to provide non-medical services to participants. We connect and support participants to engage in community services of their choice: (housing, financial, physical activity, social connectedness, etc); this helps to reduce loneliness and feelings of isolation.

Participants come to us from their health care professionals, family, friend or self referral."

Registration is closed

[Calendar](#)

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Other Dates

[Tuesday, May 28, 2024 - 10:00 am](#)

[Tuesday, June 11, 2024 - 10:00 am](#)

Next Events

Open space

[Teen open space](#)

Tuesday, May 21, 2024, 3:00 pm to 6:00 pm

[Go to event](#)

Children

[Study stars](#)

Tuesday, May 21, 2024, 3:30 pm to 4:30 pm

[Go to event](#)

Immigrants and newcomers

[Citizenship test preparation workshop](#)

Tuesday, May 21, 2024, 5:00 pm to 6:30 pm

[Go to event](#)

Cultural discovery

[Intro to Shahnameh in Farsi ?????? ?? ?? ????????](#)

Tuesday, May 21, 2024, 6:30 pm to 8:30 pm

[Go to event](#)

Open door community hub

[Wednesday open door community hub](#)

Wednesday, May 22, 2024, 9:00 am to 12:00 pm

[Go to event](#)

Children

[Toddler storytime](#)

Wednesday, May 22, 2024, 10:00 am to 10:30 am

[Go to event](#)

Collaboratory

[Wednesday device clinic](#)

Wednesday, May 22, 2024, 10:00 am to 11:00 am

[Go to event](#)

Book clubs

[Persian Book Club ?????? ?????????? ??????](#)

Wednesday, May 22, 2024, 10:00 am to 12:00 pm

[Go to event](#)

Storytime

[Storytime in Farsi ??? ? ?????? ?????? ????? ?????? ?? ??????](#)

Wednesday, May 22, 2024, 11:00 am to 11:30 am

[Go to event](#)

Open space

[Teen open space](#)

Wednesday, May 22, 2024, 3:00 pm to 6:00 pm

[Go to event](#)

[EXPLORE FULL CALENDAR](#)